

Popeye's Chocolate Smoothie

In a blender, combine

2 Frozen bananas, quartered
1/3 C Frozen, chopped spinach
1/4 C Oats
1 C Milk of choice (dairy/coconut/almond etc.)
2 T Cocoa powder
1 T Honey
1 t Vanilla extract
Pinch Salt

Blitz together until smooth.